



Learning in EYFS:

What PE Subject Leaders Need to Know

The EYFS framework is structured very differently to the national curriculum as it is organised across seven areas of learning rather than subject areas. The aim of this document is to help subject leaders to understand how the skills taught across EYFS feed into national curriculum subjects.

This document demonstrates which statements from the 2020 Development Matters are prerequisite skills for PE within the national curriculum. The table below outlines the most relevant statements taken from the Early Learning Goals in the EYFS statutory framework and the Development Matters age ranges for Three and Four-Year-Olds and Reception to match the programme of study for PE.

The most relevant statements for Computing are taken from the following area of learning:

- Physical Development

In planning and guiding what children learn, practitioners must reflect on the different rates at which children are developing and adjust their practice appropriately, referring to the Characteristics of Effective Teaching and Learning. These are: **playing and exploring** - children investigate and experience things, and 'have a go'; **active learning** - children concentrate and keep on trying if they encounter difficulties and enjoy their achievements for their own sake; **creating and thinking critically** - children have and develop their own ideas, make links between ideas, and develop strategies for doing things. In addition, the Prime Areas of Learning (Personal, Social and Emotional Development, Communication and Language and Physical Development) underpin and are an integral part of children's learning in all areas.

Reception	Physical Development	<ul style="list-style-type: none"> • Revise and refine the fundamental movement skills. • Progress towards a more fluent style of moving, with developing control and grace. • Develop the overall body strength, co-ordination, balance and agility • Combine different movements with ease and fluency. • Further develop and refine a range of ball skills

Autumn A Me and My Community Physical Development	
Children can set up and complete their own obstacle courses. Children can set up ball games independently during CP. Children take part in weekly outdoor learning sessions. Children have time each week on the large tyres. Children take part in the sport explorers course. Children complete parachute games.	
Physical Education Skills	



<p>Ball Skills Children take part in the sport explorers course.</p> <p>Children can set up ball games independently during CP.</p>	<p>Basic Movement Children complete parachute games.</p> <p>Children take part in the sport explorers course.</p> <p>Children have time each week on the large tyres.</p> <p>Children can set up and complete their own obstacle courses.</p>	<p>Team Sport Children complete parachute games.</p> <p>Children take part in the sport explorers course.</p> <p>Children take part in weekly outdoor learning sessions.</p> <p>Children can set up and complete their own obstacle courses.</p>
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**Autumn B
Starry Night**

Physical Development

Children can set up and complete their own obstacle courses.

Children can set up ball games independently during CP.

Children take part in weekly outdoor learning sessions.

Children have time each week on the large tyres.

Children can push, roll and throw a gym ball.

Children can use strimmer's as shooting stars to create a dance.

Children explore dance and movement to classical bedtime lullabies.

Children take part in the BG gymnastics scheme transport and travel fun.

Physical Education Skills

<p>Ball Skills Children can push, roll and throw a gym ball.</p> <p>Children can set up ball games independently during CP.</p>	<p style="text-align: center;">Basic Movement</p> <p>Children take part in the BG gymnastics scheme transport and travel fun.</p> <p>Children explore dance and movement to classical bedtime lullabies.</p> <p>Children can use strimmer's as shooting stars to create a dance.</p> <p>Children have time each week on the large tyres.</p>	<p style="text-align: center;">Team Sport</p> <p>Children take part in weekly outdoor learning sessions.</p> <p>Children can set up and complete their own obstacle courses.</p>
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	<p>Children can set up and complete their own obstacle courses.</p> <p>Children take part in weekly outdoor learning sessions.</p>	
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**Spring
Long Ago**

Physical Development

Children can set up and complete their own obstacle courses.

Children can set up ball games independently during CP.

Children take part in weekly outdoor learning sessions.

Children have time each week on the large tyres.

Children take part in BG Gymnastics Scheme - Storyland City Fun Castle.

Children take part in traditional games.

Children explore and dance to a variety of different styles.

Children draw and take part in hopscotch.

Physical Education Skills

Ball Skills	Basic Movement	Team Sport
<p>Children take part in weekly outdoor learning sessions.</p> <p>Children can set up ball games independently during CP.</p>	<p>Children draw and take part in hopscotch.</p> <p>Children explore and dance to a variety of different styles.</p> <p>Children take part in traditional games.</p> <p>Children take part in BG Gymnastics Scheme - Storyland City Fun Castle.</p> <p>Children have time each week on the large tyres.</p> <p>Children take part in weekly outdoor learning sessions.</p> <p>Children can set up and complete their own obstacle courses.</p>	<p>Children take part in traditional games.</p> <p>Children take part in BG Gymnastics Scheme - Storyland City Fun Castle.</p> <p>Children take part in weekly outdoor learning sessions.</p> <p>Children can set up and complete their own obstacle courses.</p>



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Spring B
Ready Steady Grow

Physical Development

Children can set up and complete their own obstacle courses.

Children can set up ball games independently during CP.

Children take part in weekly outdoor learning sessions.

Children have time each week on the large tyres.

Children explore their breathing and heart rate.

Children take part in the bean game.

Children take part in BG Gymnastics Scheme - Storyland City Fun Castles

Physical Education Skills

Ball Skills	Basic Movement	Team Sport
Children take part in weekly outdoor learning sessions.	Children take part in BG Gymnastics Scheme - Storyland City Fun Castles	Children take part in the bean game.
Children can set up ball games independently during CP.	Children take part in the bean game.	Children take part in weekly outdoor learning sessions.
	Children have time each week on the large tyres.	Children can set up and complete their own obstacle courses.
	Children take part in weekly outdoor learning sessions.	
	Children can set up and complete their own obstacle courses.	

Summer A

Physical Development

Children can set up and complete their own obstacle courses.

Children can set up ball games independently during CP.

Children take part in weekly outdoor learning sessions.

Children have time each week on the large tyres.

Children set up and take part in a dog agility.

Children move like animals using the text Do The Animal Bop as a basis.



Children practise communicating like birds for example stretching arms in the air like wings.

Children to complete focused target throwing skill sessions.

Physical Education Skills

Ball Skills

Children can set up ball games independently during CP.

Children to complete focused target throwing skill sessions.

Basic Movement

Children practise communicating like birds for example stretching arms in the air like wings.

Children move like animals using the text Do The Animal Bop as a basis.

Children set up and take part in a dog agility.

Children have time each week on the large tyres.

Children take part in weekly outdoor learning sessions.

Children can set up and complete their own obstacle courses.

Team Sport

Children set up and take part in a dog agility.

Children take part in weekly outdoor learning sessions.

Children can set up and complete their own obstacle courses.

Summer B

Physical Development

Children can set up and complete their own obstacle courses.

Children can set up ball games independently during CP.

Children take part in weekly outdoor learning sessions.

Children have time each week on the large tyres.

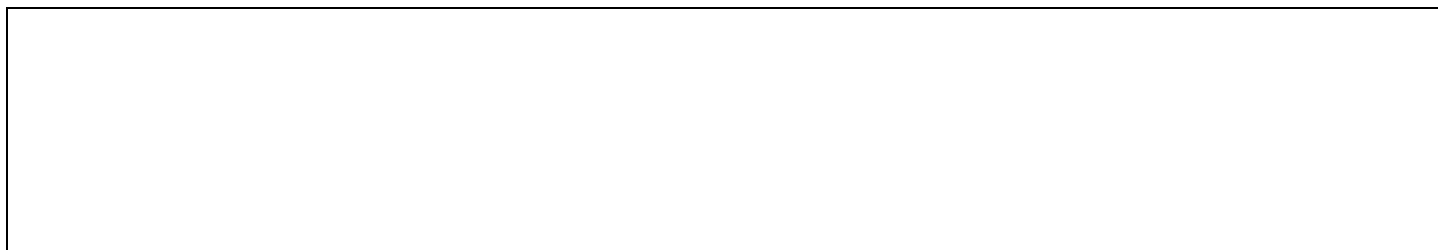
Children practise throwing and catching with a large beach ball.

Children create a dance using a sea song as inspiration to move like a sea creature.

Children use floaty scarves to express how they feel under the sea.

Children perform a whole class dance as sailors.

Children take part in the BUPA movement cards.



Physical Education Skills

Ball Skills	Basic Movement	Team Sport
<p>Children take part in weekly outdoor learning sessions.</p> <p>Children can set up ball games independently during CP.</p> <p>Children practise throwing and catching with a large beach ball.</p>	<p>Children can set up and complete their own obstacle courses.</p> <p>Children take part in weekly outdoor learning sessions.</p> <p>Children have time each week on the large tyres.</p> <p>Children create a dance using a sea song as inspiration to move like a sea creature.</p> <p>Children use floaty scarves to express how they feel under the sea.</p> <p>Children perform a whole class dance as sailors.</p> <p>Children take part in the BUPA movement cards.</p>	<p>Children can set up and complete their own obstacle courses.</p> <p>Children can set up ball games independently during CP.</p> <p>Children take part in weekly outdoor learning sessions.</p> <p>Children perform a whole class dance as sailors.</p>

Vocabulary

Forwards Backwards Sideways Bench Mat Table Roll Long Slow On Off Stretched Curled Tuck Body parts Tall Small Shape Hold Still Jump Hop Bounce Travel Copy

Travelling - slither, gallop, shuffle, roll, crawl Actions - lead, follow copy Body parts Co-operation - share, wait, before, after. Direction - forwards, backwards Feeling - happy, excited, sad Body actions e.g. stretching, curling, reaching, twisting, turning Movement - strong, gentle, heavy, floppy Space - between, through, above.

Walking Running Throwing Fast slow Catching Rolling Space Pushing Patting Kicking Bounce Control Co-ordination Bounce Body parts