

# Perton Primary Academy

## PE

Term	Year 1	Year 2	Year 3	Year 4
Autumn A	Gymnastics Unit 1 Playground Games	Gymnastics Unit 2 Games Unit 2	Games Unit 1 Invasion Gymnastics Unit 3	Games Unit 2 Invasion Gymnastics Unit 4
Autumn B	Gymnastics Unit 1 Games Unit 1	Gymnastics Unit 2 Games Unit 2	Games Unit 1 Invasion Gymnastics Unit 3	Games Unit 2 Invasion Gymnastics Unit 4
Spring A	Health & Fitness Dance Unit 1	Health & Fitness Dance Unit 2	Health & Fitness Dance Unit 3	Health & Fitness Dance Unit 4
Spring B	Mini me /Cosmic Yoga Dance Unit 1	Mini me /Cosmic Yoga Dance Unit 2	OAA Unit 1 Dance Unit 3	OAA Unit 2 Dance Unit 4
Summer A	Personal best Challenges Games Unit 1	Games Unit 2 Games Unit 2	Games Unit 1 Strike & Field	Games Unit 2 Strike & Field
Summer B	Multi-skills Personal Best Challenges Games Unit 1	Multi Skills- Personal Best Challenges	Games Unit 1 Net & Wall Athletics Unit 1	Games Unit 2 Net & Wall Athletics Unit 2

## Year 1

Pupils should be taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

Autumn A - Playground Games and Gymnastics  
Autumn B - Gymnastics and Games Unit 1  
Spring A - Health and fitness  
Spring B - Mini-me yoga  
Summer A - Personal best challenges and Games unit 1  
Summer B - Multi-skills personal best challenges and Games unit 1

- Participate in team games, developing simple tactics for attacking and defending

Autumn B - Games unit 1  
Summer A - Games Unit 1  
Summer B - Games Unit 1

- Perform dances using simple movement patterns.

Spring A - Dance Unit 1  
Spring B - Dance Unit 1

## Year 2

Pupils should be taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

Autumn A - Gymnastics Unit 2 and Games Unit 2  
Autumn B - Gymnastics Unit 2 and Games Unit 2  
Spring A - Health and Fitness  
Spring B - Mini-me yoga  
Summer A - Games unit 2

	Summer B - Multi-skills Personal best challenges
<ul style="list-style-type: none"> <li>Participate in team games, developing simple tactics for attacking and defending</li> </ul>	Autumn A -Games Unit 2 Autumn B -Games Unit 2 Summer A - Games Unit 2
<ul style="list-style-type: none"> <li>Perform dances using simple movement patterns.</li> </ul>	Spring A - Dance Unit 2
<b><u>Year 3</u></b>	
<b>Pupils should be taught to:</b>	
<ul style="list-style-type: none"> <li>Use running, jumping, throwing and catching in isolation and in combination</li> </ul>	Autumn A – Games Unit 1 Invasion Autumn B – Games Unit 1 Invasion Spring A – Health and Fitness Summer A – Games Unit 1 Field and Strike Summer B – Games Unit 1 Net and Wall and Athletics Unit 1
<ul style="list-style-type: none"> <li>Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> </ul>	Autumn A – Games Unit 1 Invasion Autumn B – Games Unit 1 Invasion Summer A – Games Unit 1 Field and Strike Summer B – Games Unit 1 Net and Wall and Athletics Unit 1
<ul style="list-style-type: none"> <li>Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> </ul>	Autumn A – Gymnastics Unit 3 Autumn A – Gymnastics Unit 3
<ul style="list-style-type: none"> <li>Perform dances using a range of movement patterns</li> </ul>	Spring A – Dance Unit 3 Spring B – Dance Unit 3

<ul style="list-style-type: none"> <li>Take part in outdoor and adventurous activity challenges both individually and within a team</li> </ul>	Spring B – OAA Unit 1
<ul style="list-style-type: none"> <li>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>	Spring A – Health and Fitness Summer B – Athletics Unit 1
<b><u>Year 4</u></b>	
<b>Pupils should be taught to:</b>	
<ul style="list-style-type: none"> <li>Use running, jumping, throwing and catching in isolation and in combination</li> </ul>	Autumn A – Games Unit 2 Invasion Autumn B – Games Unit 2 Invasion Spring A – Health and Fitness Summer A – Games Unit 2 Field and Strike Summer B – Games Unit 2 Net and Wall and Athletics Unit 2
<ul style="list-style-type: none"> <li>Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> </ul>	Autumn A – Games Unit 2 Invasion Autumn B – Games Unit 2 Invasion Summer A – Games Unit 2 Field and Strike Summer B – Games Unit 2 Net and Wall and Athletics Unit 2
<ul style="list-style-type: none"> <li>Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> </ul>	Autumn A – Gymnastics Unit 4 Autumn A – Gymnastics Unit 4
<ul style="list-style-type: none"> <li>Perform dances using a range of movement patterns</li> </ul>	Spring A – Dance Unit 4 Spring B – Dance Unit 4
<ul style="list-style-type: none"> <li>Take part in outdoor and adventurous activity challenges both individually and within a team</li> </ul>	Spring B – OAA Unit 2

- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Spring A – Health and Fitness  
Summer B – Athletics Unit 2